

**Surf Carnival The 38th Japan National Individual Lifesaving Championships**

~Rescue92 Memorial~

Reference Timetable

\*Please note that changes may occur.

**Day1** 21th(Sat) June, 2025

Beach Events			Ocean Events A			Ocean Events B		
Start	Events	section	Start	Events	section	Start	Events	section
9:30	Safety Officers briefing/Executive Committee briefing							
11:00	Opening ceremony							
11:30	Technical Officials gathering							
11:40	Technical Officials briefing							
12:30	Beach Sprint (Male)	1st-Heats	12:30	Surf Race (Male)	Heats	12:30	Surf Race (Female)	Heats
						13:20	Surf Race (Female)	Semifinal
13:30	Beach Sprint (Female)	1st-Heats						
			13:35	Surf Race (Male)	Semifinal			
			14:15	Board Race (Male)	1st-Heats	14:00	Board Race (Female)	1st-Heats
14:35	Beach Sprint (Male)	2nd-Heats						
15:00	Beach Sprint (Female)	2nd-Heats						
			15:40	Board Race (Male)	2nd-Heats	15:25	Board Race (Female)	2st-Heats
15:45	Beach Sprint (Male)	Semifinal						
15:55	Beach Sprint (Female)	Semifinal						
						16:05	Board Race (Female)	Semifinal
			16:25	Board Race (Male)	Semifinal			
						16:30	Surf Race (Female)	Final
16:35	Beach Sprint (Male/Female)	Final						
			16:50	Surf Race (Male)	Final			
						17:00	Board Race (Female)	Final
			17:15	Board Race (Male)	Final			
17:30	Awards ceremony(Beach Sprint/Surf race/Board Race)							
18:30	Executive Committee briefing							
18:50	end of competition							

**Day2** 22th(Sun) June, 2025

Beach Events A			Beach Events B			Ocean Events		
Start	Events	section	Start	Events	section	Start	Events	section
6:30	Safety Officers briefing/Executive Committee briefing							
7:00	Technical Officials briefing							
						7:30	Beach Run (2km) (Male)	Heats
8:00	Beach Flags (Female)	1st-Heats	8:00	Beach Flags (Male)	1st-Heats			
						8:20	Surf Ski Race (Male)	Heats
						8:40	Surf Ski Race (Female)	Heats
						8:55	Surf Ski Race (Male)	Semifinal
						9:30	Oceanwoman	Heats
9:45	Beach Flags (Female)	2nd-Heats						
			10:30	Beach Flags (Male)	2nd-Heats			
10:40	Beach Flags (Female)	Semifinal						
						10:45	Oceanman	Heats
11:05	(lunch break)					11:45	(lunch break)	
			11:50	Beach Flags (Male)	Semifinal			
			12:35	(lunch break)				
						13:00	Surf Ski Race (Female/Male)	Final
13:15	Beach Flags (Female/Male)	Final						
						13:30	Oceanwoman/Oceanman	Final
			14:00	Beach Run (2km) (Female/Male)	Final			
14:10	Awards ceremony(Beach flags)							
						14:20	Awards ceremony(Surf ski/Oceanman/Oceanwoman)	
			14:40	Awards ceremony(Beach Run (2km))				
15:00	Executive Committee briefing							
15:30	end of competition							