



The 39th Japan National Individual Lifesaving Championships (for international competitors)

June 2026

GENERAL 2nd INFORMATION

- Name The 39th Japan National Individual Lifesaving Championships
- Organizer Japan Lifesaving Association
- Date 20th(Sat) & 21th(Sun) June, 2026
- Venue Wakasawada Beach (Takahama-city, Fukui Prefecture)
- Others This competition is a test event (preliminary competition) for the lifesaving event at the “World Masters Games 2027 Kansai,” which is scheduled to be held in May 2027.

■ **[Liveheats] Operational Notice**

The competition will be run using a system called "Liveheats." Therefore, all competitors must register within the designated time before the marshal for their first event (registration is only required the first time, and after registering on Saturday, registration is not required on Sundays). Please note that proxy registration is not permitted, so competitors must register in person.

- Wristband registration times
 - Saturday, June 20, 2026 8:30-10:20 a.m. at the competition HQs tent
 - Sunday, June 21, 2026 7:00-7:30 a.m. at the competition HQs tent
 - * Registration will be available at any time only if it is difficult to arrive at the designated time.
- Wearing wristbands

All competitors must wear wristbands on their wrists when participating in the race. They will not be allowed to participate in the race without a wristband. The system will also be operated by reading the chip in the wristband with a smartphone. Therefore, when marshalling and recording, competitors must be wearing wristbands and follow the instructions of technical officials.

■ **Opening ceremony**

During the ceremony, athletes should wear their team uniforms and team caps and line up in formation.

■ **Abstention**

Apply via the designated web form. <https://forms.gle/89y8FM2v82neet1f8>

* The only language used is Japanese.

■ **Draw List & Results**

Please check out “Liveheats”. <https://liveheats.com/jla>



■ **Team Manager Briefing**

Friday, June 19, 2026 19:30 p.m. at online meeting by “Zoom”

<https://us06web.zoom.us/j/89445334965?pwd=8Gc1ZzbCRAMGLcbBXkOBoewuGslKgw.1>

* The only language used is Japanese.

■ **Venue map**

Please check “Google map” and attached file.

<https://www.google.com/maps/d/edit?mid=1QnnuUi03Ro8paGidSkWbZqCcpmSZmHY&usp=sharing>

* The only language used is Japanese.

■ **Communication of information regarding the competition**

Please check our SNS :

Facebook

<https://www.facebook.com/jla.lifesavingsport/>

LINE open chat

https://line.me/ti/g2/p5bbZesia3ejwX1LkERWtLMiQgwPfqK1wZnK0g?utm_source=invitation&utm_medium=link_copy&utm_campaign=default

Participation code “**JLA2026**”

* The only language used is Japanese.

■ **Award ceremony**

Please refer to the timetable for the times of each ceremony. Award recipients must wear team uniforms and team caps. Club flags, cameras, personal accessories, etc. are not permitted.

■ **Equipment inspection**

If a technical official gives instructions to carry out an equipment inspection, you must follow those instructions.

■ **Protest & Appeal Form**

Use ILS-compliant forms.

The amount of the deposit in the appeal will be 10,000 JPY (Cash only).

■ **Photography restrictions**

- Competitors or team members must wear the team uniform.
- Taking photographs without the team uniform is strictly prohibited.
- Photographs should be taken for record-keeping or commemorative purposes only and for personal or team enjoyment. If you wish to post photos on social media sites (Instagram, Facebook, etc.) for team publicity purposes, please carefully consider whether the content or photos are misleading (e.g., violating etiquette or morals).

If you see any suspicious people taking secret photos or taking pictures at the competition venue, please notify the competition headquarters immediately. We ask



for your cooperation in preventing secret photography. Note that according to the competition regulations, the organizers may restrict or refuse photography during the competition and may ask you to submit photographed records.

■ **Distribution of official photos**

Official photos can be downloaded from the following page. If you post them on social media, please use them without editing them.

<https://linktr.ee/JLALifesavingSports>

* A password is required to view it. The password will be provided during the Team Managers Briefing.

■ **CONTACT**

Japan Lifesaving Association

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